



# HARSTAD

## CRUISE EXCURSIONS







Welcome to Harstad! The historical Røkenes ranch in wonderful scenery, beautiful old houses with atmosphere which makes one feel like home, is one of the many experiences in the Harstad region.

Photo: Kristian Kulseng, the owner of Røkenes ranch. Photo by Dag Roland.  
Cover photo: "Anna Røgde" by Harriet M. Olsen, "Keipen" by Dag Roland, "Harstad city centre" by Marie Uglum Døsen, and "Harstad city view" by Dag Roland.

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# THE BASECAMP OF NORTHERN NORWAY

Harstad is a region ideally placed between the fjords and mountain ranges in Northern Norway.

With an abundance of activities and attractions ranging from historical and cultural tours with Harstad's vast background to spectacular outdoor experiences in the brazen nature of Northern Norway. Go hiking along one of the many scenic routes, rent an e-bike and explore the archipelago on your own or just relax in one of the awe-inspiring spots throughout the region. Enjoy the arctic lights of the Midnight Sun or Northern Lights that Northern Norway is known for. Harstad is perfect to use as your base for your holiday in Northern Norway. With great connections by plane, bus and ferry to Senja, Lofoten, Tromsø and Vesterålen we are proud to call us the basecamp of Northern Norway.





# PORT OF HARSTAD

Distance to nearest pilot station	40 nautical miles
Port Authority	Harstad Port Authority
Visiting address	Harstad Havn KF Rik. Kaarbøs gt. 2 9405 Harstad
Mailing address	Harstad Havn KF c/o Postmottak Postboks 1000 9479 Harstad
E-mail	harstadhavn@harstad.kommune.no
Contact person	Cecilia Henningsen
Phone	(+47) 971 00 715
E-mail	harstadhavn@harstad.kommune.no
Internet	www.harstadhavn.no
Harstad Port Control	(+47) 77 00 12 12 (24/7)
E-mail	havnevakta@harstad.kommune.no

## PORT FACILITIES & SERVICE

Bunkers delivery/method	Yes, Truck/Trailer/Barge
Supplies	Yes
Waste Handling	Yes
Waste water method	Yes, Truck/Trailer
Water handling	Yes, if ordered
Tugboats	Yes, if ordered
Pilot	Channel: 13

Emergency (Harstad Harbor)	Channel: 12
Anchorage*	Yes, if needed
Medical emergency	113
Norwegian charts	487
Tidal range	2,5-3 metre
ISPS approved	Yes
Designated quay for cruise ships	Yes
Ship tenders allowed	Yes
Beam	No limitation
Max number of ships per day in port	1

## SHIPS STAY IN PORT MIN/MAX

Ships up to 150 m	24 hours
Ships from 150-300 m	21 hours
Earliest arrival ships from 150-300 m	9:00 AM
Cruise Norways guideline	Yes
Max ship length quay	300 m
Max depth	9,5 m
Fenders	6 Yokohama fenders

## CREW FACILITIES

Wi-Fi in city senter  
Special discounts nearby

## ANCHORAGE\*

N 68\*48,045\* E 016\*33,686\*  
N 68\*48,273\* E 016\*36,056\*  
N 68\*47,052\* E 016\*36,398\*





Illustration of the new harbour area.



Photo by André Askeland

## NEW DOWNTOWN QUAY

In summer 2023, the new downtown dock will be ready to accommodate cruise ships. The boats will arrive right in the center of Harstad, and take a few minutes to visit the shopping center, cafes and restaurants. In Harstad you will be able to experience beautiful nature and urban life in one and the same place.

Harstad is the third largest town in Northern Norway and is located on mainland Norway's largest island. There are short distances to experience what Harstad has to offer. Here you

can experience powerful nature, northern lights, bright summer days, various activities for children and adults and much more.

### Our Viking history

The viking Tore Hund was born around 990 and died sometime after 1030, he was one of the most important head viking in Hålogaland. He had a farm at Bjarkøy which is an hour and a half away from Harstad. Tore Hund was out on Viking expeditions and led several expeditions north to the Kola Peninsula and the White Sea in Bjarmeland

(present-day Russia). When Olav Haraldsson became king, Tore Hund became his lendmann in the north.

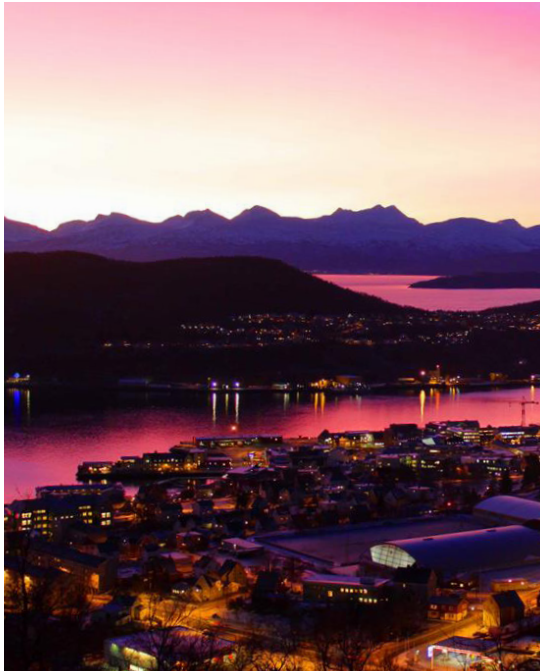
### History & Culture

No holiday without some history and culture! People tend to deepdive into cultural and historical experiences when coming to their travel destinations - and Harstad has an abundance of cultural and historical experiences! The small city was a center during the Viking Age in Norwegian history, and its legacy still stands strong in all nooks of the region.

Combine this with a rich cultural life that the city has to offer with numerous festivals and Northern Norway's largest cultural scene and you will definitely find something for every culture lover. Travel to Trondenes peninsula which is the cradle of Harstad history, travel around Kvæfjord which is the home of the local produce used in our culinary vision, experience urban activities in the city center or just travel around the archipelago to find remnants dating all the way back to the Ice Age!



# TO VISIT IN HARSTAD PLACES TO VISIT IN HARSTAD PLACES TO VISIT IN HARSTAD



## THE TV TOWER

The TV Tower stands on a hill in the middle of Harstad and boast with a fantastic view over the city, Vågsfjord and the nearby islands. Form the city center the walk takes 45 min by first following the main road up to a roundabout, then heading to the right. You can also book a taxi that takes you almost to the top. On top you will find benches and tables. In the winter beautiful lights illuminate the tower.



## CITY CENTER

From the city center dock it's only a few minutes until you're right in the heart of Harstad city center. Here you will find everything from urban experiences, coffee, food, souvenirs, two shopping centers, harbor promenade and old buildings. Here you will also find tourist information, helpful residents and much more. In December you can enjoy a large Christmas tree in the middle of the square filled with Christmas lights.



## CITY PARK

The city park starts at the big ski jump just behind the hospital. Locals use it all year round for skiing, biking, and hiking. Several shelters and fireplaces invite you to make a stop. If you visit Folkeparken in autumn, there is plenty of blueberries to pick and in swampy areas you might also find cloudberries. The map at the entrance help you to find small lakes.



## THE PATH ALONG THE SEA

In recent times, a footpath has been designed along the fjord that is intended to stretch from Trondenes Church to Harstad city center, and further south towards Gangsås. This can also be seen as a symbol of the importance of Trondenes as a place of recreation for the people of Harstad.



# TO VISIT IN HARSTAD PLACES TO VISIT IN HARSTAD PLACES TO VISIT IN HARSTAD



## GROTTEBADET WATERPARK

Northern Norway's largest water park is right in the centre of Harstad. A spectacular adventure with tropical weather all year round. The water park is located in a cave under the mountain.



## HARSTAD BIKE PARK

About two kilometers from the center of Harstad, you will find Harstad Bike Park and the world's northernmost WC-certified pump track. The facility is spectacular and if you are keen on cycling, this is the place to visit. Beginners take the green trail down, advanced bikers may head for the devils track. Starting from the cycle park, you can also do trail cycling in Folkeparken, or set out on a tour of the local area.



## SAM PLAYLAND

SAM playland is an indoor arena for play and fun for the whole family. Here you can experience exciting, challenging and fun activities for young and old. In addition to the playland itself, we have billiards for the adults. If you want to retreat while the kids play, you can visit our unique Northern Lights room, or relax in the café or relaxation area. SAM offers laser games, climbing wall, foam pit, slides in many varieties, ball cannons, trampolines and much more.



## FABELØYA

Fabeløya Nature Play Park is inspired by fairy tales and fantastic animals from the cultural history of Sørrollnes. It's located at Sørrollnes, Ibestad municipality, and the easiest way to get here is by ferry from Stangnes in Harstad. The ferry ride takes about 45 minutes and the walk from the ferry to the park is 30-40 minutes. The park is always open and unmanned. It is run voluntarily, and all income is used for maintenance and operation. Visitors are welcome to use the barbecues in the park, but it is not allowed to use disposable barbecues due to risk of fire. For prices see Facebook: Fabeløya naturlekepark.



Photo by Dag Roland

## Hiking

Norwegians love to be outside and show guests how beautiful nature is all year round. Harstad is surrounded by mountains that offer a superb panoramic view over the city, fjords, sounds and close by islands. Together with your guide you will do stops on the way up to the top. He will explain which animals live in the area and show you plants and flowers. If its the right time to pick berrys you are most welcome to do so. On top you enjoy something sweet and a cup of coffe/tea, both in the traditional outdoor way.

### More info

It is recommended to dress in layered clothing and wear warm shoes and wool socks. Gloves and hat are also necessary. Some extra clothing, warm sweater etc, may also be useful to bring. Some mountains provide shelter and benches. Last but not least a bottle of water and of course your camera.



3-4 hours



20-120 people



Spring  
Summer  
Autumn

### CONTACT:

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#### ArctiConcepts

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Photo by David Buetner

## Adolf Gun

Your coach will bring you to the active military area of Trondenes where the Adolf Gun stands hidden in the forrest. One of the largest battleship gun was put on land during the second World War. The building was lead by the occupying forces and with its 4 guns the battery at Trondenes was the most powerful in the Atlantic Wall. In the bunker beneath the gun is an exhibition that shows its history, construction and planned use. There is also a "coastal artillery collection" of equipment and instruments used during WW2. The Adolf Gun stands today as the only restored cannon of its kind in the world!

### More info

Wear comfortable shoes and warm clothes. There is no heating in the bunker. Not suitable for people having difficulties walking steps up and down. No drone flying is allowed on the entire peninsula and taking pictures are only permitted at the gun itself but not in the rest of the military camp.



3-4 hours



10-45 people



All year

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## Sea Safaris

Join an exhilarating high-speed boat ride through the arctic archipelago surrounding Harstad. Once you are fitted with a weatherproof suit your RIB adventure begins, taking you from Harstad city center out to through the archipelago. Along the way you learn about how this area has been inhabited after the last ice age, and of course did Vikings live here as well, in fact a very powerful chieftain. Your captain will furthermore share his knowledge about the birds nesting in this area. Making a brief stop along Sundsvoll Strait nature reserve, you may get the opportunity to see kittiwakes, eagles and other bird life sitting on the cliff sides.

### More info

Participants must be at least 10 years of age and children must be accompanied by an adult. This tour is not recommended for pregnant women or guests with back or neck problems. It is an approximate 200 meter walk to where the boats are located. All participants will be given a weatherproof suit, life jacket and goggles. It is recommended to dress in layered clothing and wear flat, comfortable walking shoes. You may get wet!



3-4 hours



10-36 people



Summer  
Spring  
Autumn

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## Fishing Tours

Join a fishing tour in Harstad and make the catch of your lifetime. Your skipper and guide will bring you to good fishing grounds and with proper equipment it should just be a question of time until you pull up a pollock, wolffish or arctic cod. While you wait your bait being taken for real down there in the water the guide can introduce you to "hail" and talk about the close by mating grounds for the greenland shark.

### More info

Participants must be at least 10 years of age and children must be accompanied by an adult. This tour is not recommended for pregnant women or guests with back or neck problems. It is an approximate 200 meter walk to where the boats are located. All participants will be given a life jacket. Dress in warm clothes and bring additional clothes with you.



3 hours



2-20 people



All year

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## Sea kayaking

Harstad has beautiful shores, so join us for a leisurely kayak tour! After a brief drive to your kayak location, you will receive a safety instruction and set off for your adventure. Your guide will teach you the basics of kayaking in Arctic Norway and share stories about the locals and your surroundings. Enjoy the marvellous scenery and the fresh air while gliding quietly through arctic waters. If you are fortunate you may experience close encounters with the sea eagle, otters, seals and porpoise.

### More info

Participants must be at least 10 years of age, and children must be accompanied by an adult. Equipment includes mainly single and a few double kayaks, paddles, dry suit, spray skirt and life jacket. Bring warm clothes that are close to your body and a lower to dress up or change into. Comfort stop available upon request.



3 hours



5-30 people



All year

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## E-Mountain-Biking

E-biking is an easy and comfortable way to get around and brings the hills around town into reach for everybody. The guide picks you up by the ship and brings you to the starting point. Before heading off you are fitted with a bike of your size and a helmet, and we go through the safety procedures. This tour heads directly out of the city center and into the forest on well prepared hiking/biking trails. We head toward Musvannet, a scenic lake approximately 5 km from our starting point. By the lake we make a bonfire and prepare a traditional snack and coffee. On the way back we take a little detour to Harstad Bike Park. It opened in 2022 and the tracks down have different levels. Choose yours and don't break a leg.

### More info

Not suitable for people with limited mobility. Normal physical shape expected. Toilet facilities at starting point. Clothes and shoes suitable for an active day out. Bring own water bottle. Biking will be in uneven terrain with roots and stones. Total distance app. 15 km.



3 hours



6-12 people



Summer  
Spring  
Autumn

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Photo by Harriet Olsen

## Historic Trondenes Peninsula

We start our journey through history with a visit to Trondenes church. This church is the world's northernmost stone church from the late Middle Ages. Beautiful and whitewashed it stands by the sea surrounded by thick walls from the Middle Ages. A short walk, about 300 m, takes us to Trondenes Historical Center and Medieval Farm. The exhibition gives an insight into the history of Harstad from the Stone Age to the present day. In addition, the Medieval Farm just next door gives an authentic look into a traditional household from around 1200. The story is enhanced through the use of multimedia show, reenactment, lights, sound and smell. You may also just sit at the terrace to enjoy the fantastic views, or maybe visit the gift shop.

### More info

Suitable for everybody. Church and Museum are accessible by wheelchair. The medieval farm can be visited from outside. Toilets, restaurant and shop at the museum.



2-2,5 hours



20-120 people



All year

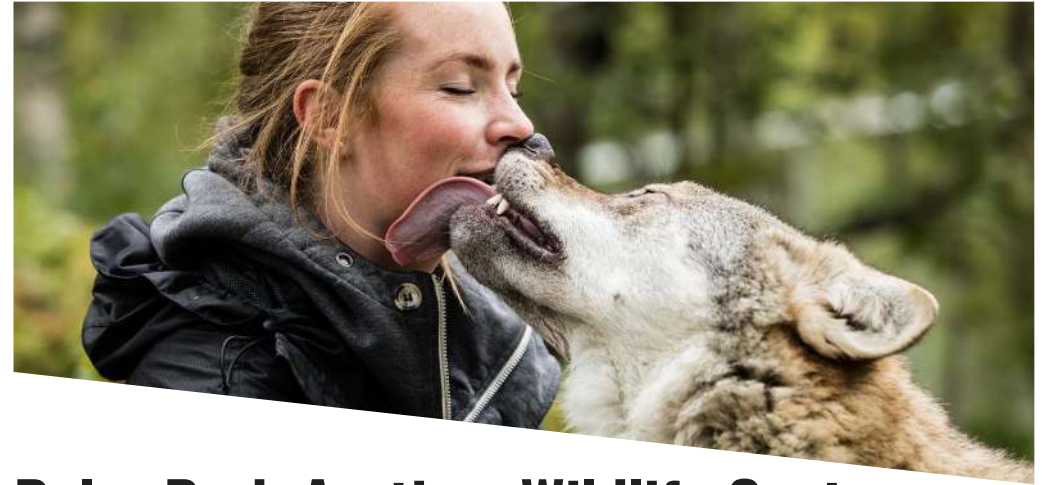
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## Polar Park Arctic – Wildlife Centre

Polar Park is the world's northernmost wildlife park and one of Northern Norway's most popular tourist attractions. With its 114 acres of natural habitat, it houses arctic animals such as wolf, brown bear, lynx, wolverine, moose, reindeer, muskox and arctic fox. During the summer there is also a farm animal enclosure for the children to enjoy and interact with the animals. Guided tour of the park followed by a lunch in the cafe. Kissing with the wolf as a staggering attraction is also available for extra price.

### More info

Not suitable for people with limited mobility. Normal physical shape expected. Bring warm clothes since the park is in an inland valley. Toilets and Restaurant at the parks entrance.



8 hours



20-120 people



All year

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Photo by Bernd Kossmann

## Snowshoeing

During winter snowshoeing is a great way to get out into the nature, so let's put snowshoes on your feet and let's head for THE top! A very popular tour in the Harstad region is Keipen, and we know why! With medium input you get a spectacular view down to the nearby fjords and mountains. Our adventure starts after a short drive at about 350 meters above sea level. Already after 20 minutes we get above the tree line and get a taste of the view awaiting us. At 500 meters above sea level and an hour walk with short breaks we reach Keipen. From here we get the most amazing panorama view over Toppsundet, Kasfjord and Andfjord. On the other side we see towards the steep mountains of Grytøya. Before we head back down, we enjoy a warm drink and snack.

### More info

It is recommended to dress in layered clothing and wear warm shoes and woolen socks. Your jacket should be windproof. Gloves and hat are also necessary. You don't fail by bringing extra clothing like a warm sweater.



3,5-4 hours



10-50 people



Winter

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Photo by Bernd Kossmann

## Cross Country Skiing

Give the Norwegian national sport a try. Harstad has several areas for skiing and almost endless tracks for both enthusiasts and first-time skiers. It's time to try the sport for yourself. After a short bus ride from the pier we arrive at Folkeparken arena. Here you will be fitted with proper boots for skiing, skis and poles before your guide gives you an introduction to basic skiing techniques. With the basics in place, we head for the tracks. We either ski towards the nearest frozen lake, or a traditional shelter for a short stop.

### More info

It is recommended to dress in layered clothing and wear warm shoes and woolen socks. Gloves and hat are also necessary. Some extra clothing, warm sweater etc, may also be useful to bring.



1,5-2 hours



6-20 people



Winter

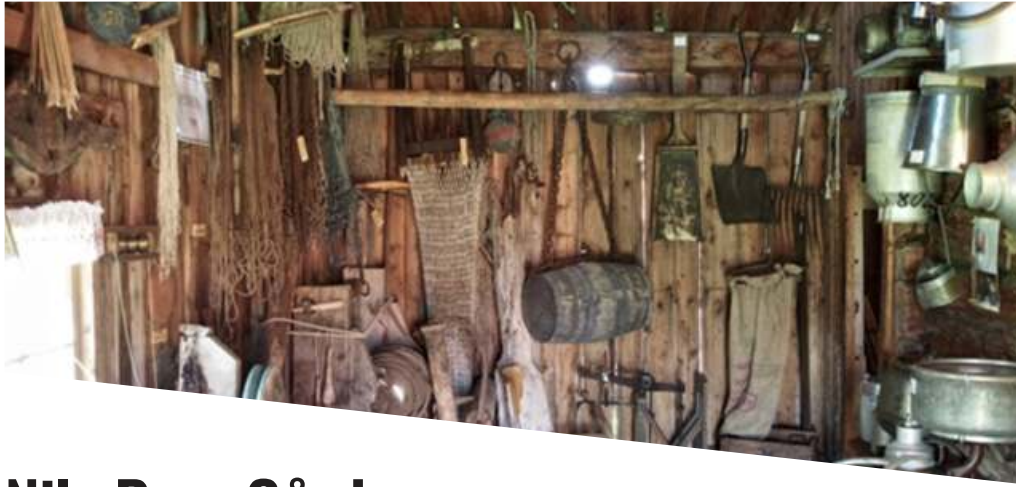
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## Nils Pers Gårdsmuseum

The ranch museum's fame began with the location of the genuine Viking sword in 1967, which was later on donated to the Tromsø Museum. Fishing tools, gardening tools, household appliances, toys, dating from the beginning of 19th century, this hidden paradise has it literally all and it will melt your heart and take you back in times when Tesla wasn't even born. It offers parking for RV's. The great atmosphere is guaranteed by your hosts who are the descendants of the original bloodline.

### More info

It is recommended to dress according to the weather and wear good shoes. Not suitable for people having difficulties walking steps up and down. Coffee/tea and cake will be served.



3 hours



6-35 people



Spring  
Summer

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## Fjords, farms and the best kake in the world

We start our tour with a drive to Kasfjord, and a visit to the unique Kasfjord City. Using scrap-wood and a wonderful fantasy Kathrine has built a miniature city in her garden. Walk among the small houses and use your own imagination to put life to the stories. We continue and stop at a spot which is perfect to see the midnight sun during summer. Then the drive takes us further to Borkenes and Kvæfjord which, due to its mild climate, is a big farming community. Farmers grow potatoes, carrots, cabbage and strawberries. Our last stop will be on Røkenes Farm which is driven by the Kulseng family in 10th generation. Here you will be served a delicious local cake and coffee.

### More info

Suitable for everybody. Accessible by wheelchair. Toilets at Røkenes Farm. Bring warm clothes and comfortable shoes.



3-3,5 hours



20-120 people



All year

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## Harstad brewery

Drink & Eat. Exclusive chance to try the national award-winning beer from Harstad in arrangement with solely food from the local sources, provided by Skafferiet Gourmet. Get an insight in the processes which make this beer so famous. The combination of tastes will most definitely challenge even the biggest sceptics and food/drink critics.

Skafferiet Gourmet, it's about searching for the good tastes and experiences from Norwegian food culture. We are proud of the rich nature and traditions that have given us a rich pantry. Norwegian products are world class. We have unique resources, and the processing is taken care of by many enthusiastic and committed producers around the country. They are based on experiences from a time when processing the raw materials was about survival.

### More info

Walking distance from the pier to the brewery is around 500 meters,- good shoes is recommended. Beer and food included.



2 hours



20-50 people



All year

### CONTACT:

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## Taste of the Northern Norway

Let us take you to the culinary feast in Olaåsen Gård! It takes us 15 minutes bus ride to the ranch where the crew from Skafferiet offers a rich taste experience of the food growing in the area with the use of genuine «Lavvo». The program is a culinary trip through the local food. Fresh air, clean water and land rich with food resources both on land and sea puts Norway to the top of its class in the whole world. We learn how to pick, process and taste the variety of wild berries growing in the area. We also provide taste of some local flowers and spices.

### More info

For all ages. Skafferiet Gourmet, it's about searching for the good tastes and experiences from Norwegian food culture. We proud of the rich nature and traditions that hav egiven usa rich pantry.



4 hours



10-20 people



Summer  
Autumn

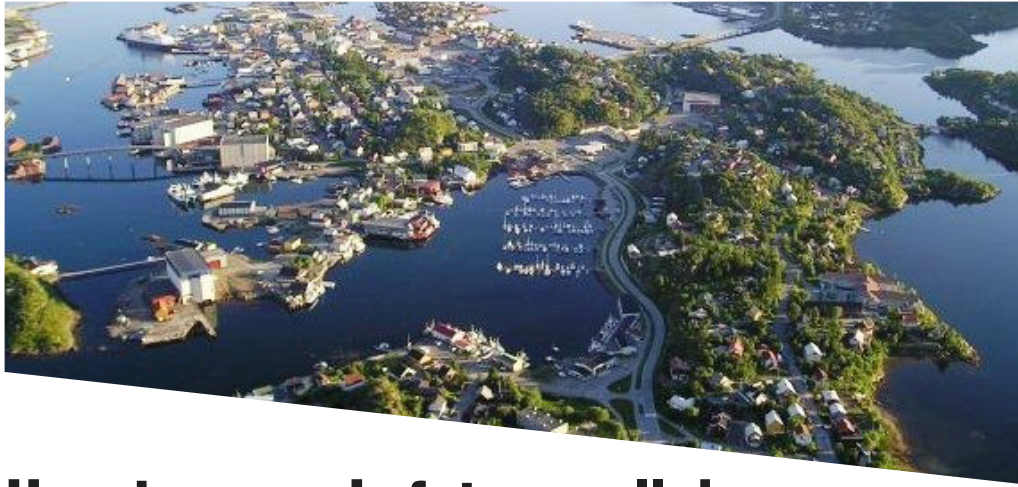
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## Henningsvær Lofoten – all day

This is a guided excursion where you will travel by bus from Harstad to the beautiful Lofoten Islands and visit Henningsvær! We visit the gallery,- and take a stop at Fiskekrogen for a break and lunch. Gallery Lofoten is centrally situated in the famous fishing village of Henningsvær, Lofoten.

Here you will find Norway's biggest collection of North Norwegian paintings from the period around the turn of the last century, a period by many referred to as the Golden Age of North Norwegian painting. For the enjoyers of good food Welcome to Fiskekrogen! Here you can enjoy the view of Henningsvær harbour and experience great culinary joy from the open kitchen.

### More info

Lunch: Fiskekrogen.



8,5 hours



25-200 people



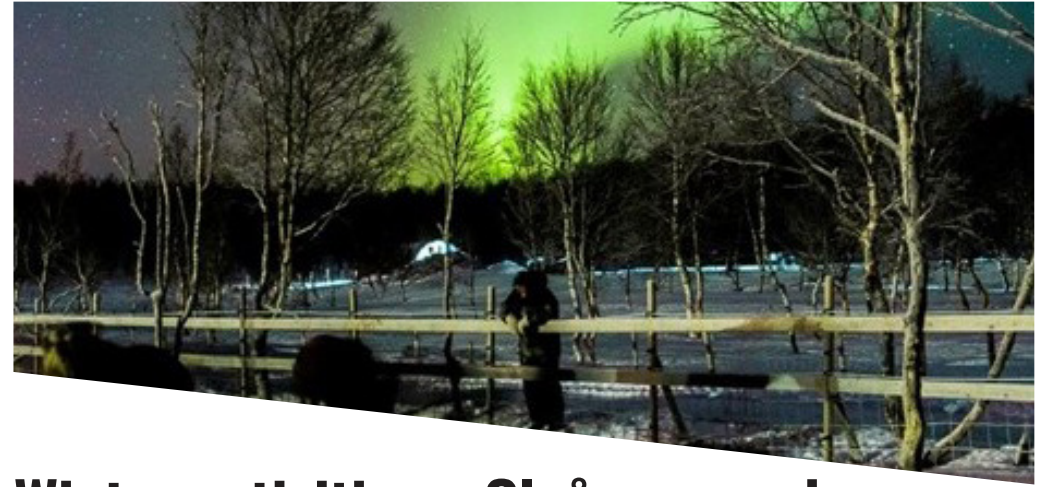
All year

### CONTACT:

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## Winter activities – Olaåsen ranch

Try to ski, use toboggan, walk in snowshoes and other fun winter activities. 15 minutes bus trip to the ranch is what stands between you and the snow magic. The program fits all age limits, and the fun is limitless. Lavvo shelters the exhausted ones, serves coffee, tea, warm cacao and lefse as you're warming up to go out to the next round. Domesticated wild sheep's spice up the fun by their presence.

### More info

It is recommended to dress in layered clothing, warm shoes and wool socks. Gloves and hats are also necessary. Bring some extra clothes like a warm sweater.



4 hours



15-40 people



Winter

### CONTACT:

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www.northup.no



Photo by Marianne Kristiansen

## Røkenes og Ole Thomas – From Hayden to Havella

Mr. Ole Thomas Gjarum lives in Harstad, where he works for the Norwegian Army Band North. Besides his duty for the Army, he is a in demand virtuoso baroque solist who is also performing Norwegian folk tunes on a goat horn as well a renaissance instruments like the sink. Together with a piano player, he will l've you an astonishing performance of trumpet history as well as old Norwegian traditional music. He will explain the music and answer questions from the audience. The performance will feature music composed when the Røkenes main house was built. This is a truly exclusive and rare experience - usually Mr Gjarum performs in large auditoriums.

### More info

Owner will tell us about the history from the farm. Champagne will be served.



3 hours



30-40 people



All year

### CONTACT:

NorthUp

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www.northup.no



Photo by HelTeam

## airBourne

For those who never ask for a price, in co-op with northern Norwegians Helicopter giant from Harstad, we provide sight seeing trips in a large variety from only 8-10 minutes, up to 2 hour flights which cover most of the archipelago. Senja, Hinnøya, Vesterålen, Narvik and Lofoten including Trollfjord from the air.

### More info

Max weight of the group (5 passengers) on the 90 min trip is 450 kg (90 kg per person average). For the shorter trips, we can have less fuel on board and the weight restriction is 475 kg for the whole group. Small note: If the weight limit is reached, it is more comfortable to sit with only 4 passengers in the helicopter instead of 5.



30-90  
minutes



5 people



All year

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NorthUp

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www.northup.no





## Visit a private home

Meet the locals in their homes with all your senses. Explore the house, ask the host anything from your curiosity, enjoy learning about the ways of north Norwegians first handedly while having a warm cup of coffee or tea. Waffles will be served.

### More info

Choose to be served coffee and waffles or wine and fishsoup.



3 hours



8-15 people



All year

### CONTACT:

**NorthUp**

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www.northup.no



## Caving in the Troll Church

Come join us for an exciting and spectacular caving experience to the Troll church at Evenes. Here all our guests receive the necessary safety equipment and instructions before we start rappelling down and into the cave. On your way down you will hear stories about the cave's history, what has been found in this cave like remains of a bears and fish, and of people who were there during the ice age. Suddenly you will find yourself in the church hall/ sacristy. This room inside the mountain is 15 meters from floor to roof and can house 100 people. Here we make troll coffee and tea based on the spring water from a natural source inside the mountain, and turn off our lights to experience the total darkness. We find our way out towards the Troll waterfall where we see a spectacular sight, as the light guides us towards the opening in the mountain.

### More info

Guide, all gear, helmets, and headlights is included. Troll coffee/hot drink, sandwiches and energy bars is served inside the cave, You will receive a Troll church certificate as proof of this brave adventure.



4 hours



10-20 people



All year

### CONTACT:

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www.northup.no



## RIB boat trip to Meløyvær pub

Combined RIB boat trip through Vågsfjord and a visit to the most exciting pub! On the route, we pass through the famous Sundsvolsundet gap where over 10 000 birds live (Kittywalks and Skarven), there is also a big chance of meeting eagles closeup too, because it is their feeding ground we are sailing through. Stories of the area telling as we are passing through – on the go.

### More info

Upon our arrival to Meløyvær we disembark into the pub and get served a fresh fish soup with optional alcohol drinks available. Sometimes local artists take enter the scene for the good spirit during our stay there.



4 hours



8-24 people



Spring  
Summer  
Autumn

### CONTACT:

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## Artic RIB Archipelago

Take a deep breath, put on a regatta floating suite and jump into a speed boat for a “once in a lifetime” experience with a well-known guide and ex-military expert and explore the archipelago from the water surface. The round-trip course is Harstad – Bjarkøy – Meløyvær – Grøtavær – Harstad and it takes about 2.5 hours tour full of eye candies. Animals, landscape, nature, the ocean and its creatures – guarantee the one trip you’ll be telling your grand kids.

### More info

Participants must be at least 10 years of age and children must be accompanied by an adult. This tour is not recommended for pregnant women or guests with back or neck problems. It is an approximate 200 meter walk to where the boats are located. All participants will be given a weatherproof suit, life jacket and goggles. It is recommended to dress in layered clothing and wear flat, comfortable walking shoes. You may get wet!



2,5 hours



8-36 people



Spring  
Summer  
Autumn

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## Winter maygem

Try to ski, use toboggan, walk in snowshoes and other fun winter activities. 15 minutes bus trip to the ranch is what stands between you and the snow magic. The program fits all age limits, and the fun is limitless. Lavvo shelters the exhausted ones, serves coffee, tea, warm cacao and lefse as you're warming up to go out to the next round. Domesticated wild sheep's spice up the fun by their presence.

### More info

Bring warm clothes and comfortable shoes.



4 hours



15-40 people



Winter

### CONTACT:

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## Master the winter bonfire

Master bonfire in winter conditions. Significantly increase your survival skills in the harsh environments by learning how to make a winter bonfire, hear what Sami belief is about bonfires and their healing properties. Make a soup or grill on your self-made bonfire and obtain a certificate which shows that you mastered this seemingly easy task.

### More info

Bring warm clothes and comfortable shoes.



4 hours



10-40 people



Winter

### CONTACT:

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Photo by Tommy Simonsen

## Røkenes ranch – gem of the north

Wonderful scenery, beautiful old houses with atmosphere which makes one feel like home, kept through many generations of the same family, an incredible hospitality, professional cuisine with the tastiest home-cooked food, paintings and art gallery – all in one single trip.

### More info

Homemade waffle's and coffee/tea served. Owner will tell us about the history of the farm.



2,5 hours



15-120 people



All year

### CONTACT:

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www.northup.no



## Snow fun

Snow Fun hours and we meet you at Sollifjellet Alpincenter. Safety gear on! You pick/ choose your type of toboggans you wanna try first. We take you up in the hill with snowmobiles and sledges. Then Ready – Set – Go! Off you go downhill. Choose between toboggans, Big snow racers and other funny things to try. Its also possible to try some easy snowmobile riding. Snowbattle for bigger groups or companies. Wanna try our huge Rollerball for two persons? Ask for it!

### More info

Warm clothes, good warm shoes, gloves and hat. We could provide you with clothes as an option. Level: easy.



4 hours



10-48 people



Winter

### CONTACT:

**NorthUp**

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## Tove Bergh studio & atelier

Tove Bergh is from Harstad and is the owner of the studio. Over several years she has been doing knitting, pottery, painting pictures, and in the last 3-4 years the preparation of fish heads has been added to the list. These unique fish heads are dried in Ervika, under the light of the midnight sun, northern light, sun, storm and all the mystic you will find in the north of Norway. Sophisticated and arctic magic and they also take care of you, and bring happiness to you.

### More info

The studio has a small shop selling homemade currant jelly (from the garden) almond cakes and knitted sweaters in wool. The fish heads are also for sale. Champagne and almond cake is served.



2 hours



4-15 people



All year

### CONTACT:

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## Lofoten all day

This is a guided excursion where you will travel by bus from Harstad to the beautiful Lofoten Islands; travelling on the Lofoten Mainland Connection. In Svolvær you will visit the Lofoten War Memorial Museum, which is the largest collection of uniforms and smaller artefacts from WWII in Norway. The exhibition aims to tell the dramatic and brutal history of the reality that northern Norway and the Lofoten Islands endured from 1940-45.

### More info

Visit Magic Ice, an ice bar where sculptures and art are made from ice and dramatically lit presented together with sounds, music and images. Lunch in Svolvær is included.



8 hours



15-200 people



All year

### CONTACT:

**NorthUp**

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# CONTACT INFORMATION

## Port Authority

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(+47) 77 00 12 12

[www.harstadhavn.no](http://www.harstadhavn.no)

## Contact persons

Maritime: Terje Johanessen (+47) 917 11 190

Marketing: Cecilia Henningsen (+47) 971 00 715

Port director: Anne Britt Bekken (+47) 909 17 350

## Destination info

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## Airport

[www.avinor.no/flyplass/harstad](http://www.avinor.no/flyplass/harstad)

## Taxi

Harstad taxi

(+47) 77 04 10 00



Members of Cruise norway, Cruise europe og CNNS.

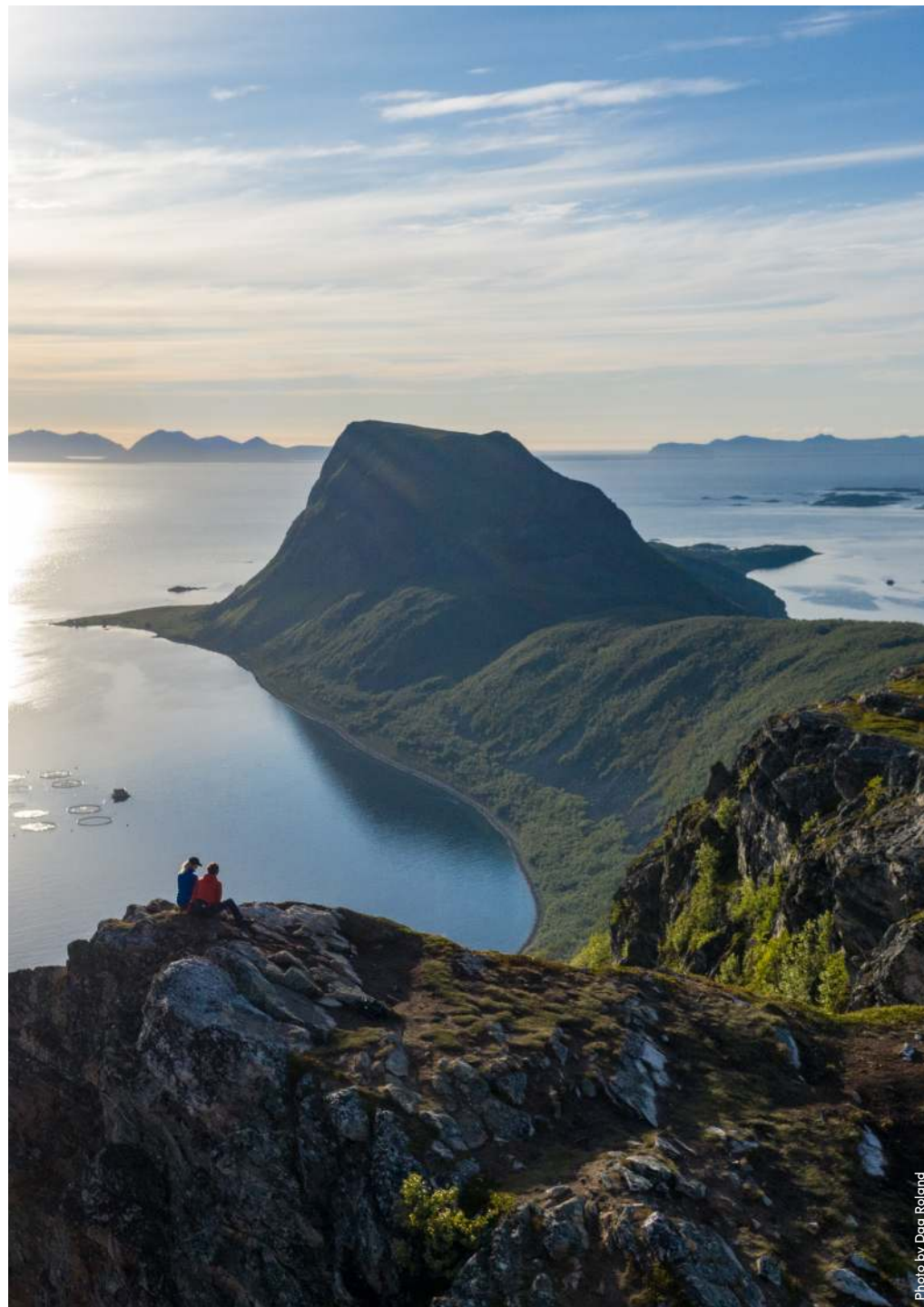


Photo by Dag Roland